

# Empowerment Skills for Capacity Building for Commercial Tricyclists (Keke Riders) in Nigeria: An Aggrandizer for Peaceful Co-existence and an Annihilator for Conflict and Societal Turbulence.

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**Abstract:** This research focuses on capacity building skills for tricyclists, especially the commercial ones in Nigeria. The impetus for this quest is derived from the researcher's desire to equip tricyclists for life sustainability, economic development, Contract sincerity as well as spiritual growth through successful business operation due to positive behaviors, spiritual stability and sufficient skills advancement. By the opinion of the researcher, this capacity building empowerment can instigates as well as promotes careful, prudent, rational and conscious decision making while operating their transportation business thereby enhancing safety of life, productive development and positive fulfillment through maximum profitability. For the goal of actualization in commercial tricycle business to be achieved, the researcher decides to contribute by providing proficiency empowerment skills for positive success on what can be seen as a 'must know and have' foundation stone when it comes to tricycle business. Some assumed empowerment skills and objectives have been outlined and discussed. The paper concluded that, empowerment skills were necessary for catalyzing tricycling business in Nigeria. Though it takes not less than two to tangle in the case of human beings, where there are more than one humane, one can be in a state or stage of confusion and dilemma to the extent of experiencing conflict, depression, terminal sicknesses that can take such a person's life through either normal death or suicidal death. These types of conditions/ situations can be motivated or encourage by the harsh/turbulent society full of unemployment and poverty. Little wonder Longbap 2019 postulated that, for development enhancement and personality problems minimization, humans at individual and group levels need empowerment skills through counselling. This postulation becomes imperative because since counselling is a help rendering session, she can then be used as a catalyst to facilitate, assist, train in a way or means of supporting human beings to positively achieve his/her goals and responsibilities through attaining better human performances and behaviours in all endeavors of human relationships, commercial motortricycling inclusive.

## I. INTRODUCTION

Before the advent of excessive unemployment that erupted around 21<sup>st</sup> century, the motorization or put it simply, the business of commercial motorcycling was for low grade of humans-that is, the illiterates and the poor. That is, it was seen

as a mere business that one can operate with the mind of living from hand to mouth. Like occurrence of other types of changes, the motorcycling activities have become a great benefitting business to the extent of becoming a kind of entrepreneur in Nigeria which can produce or promote very rich successful beings.

In fact, the aggression of unemployment has accelerated the interest in commercial motorcycling thereby encouraging even the middle class citizen through agriculture business as well as graduates of any field to marry this kind of entrepreneur hook and sink because of its simple starting requirements compare to other kinds of entrepreneurship. Hence the need to inject into these entrepreneurs (through counselling) some positive attitudes that can facilitate mechanisms, hinder setbacks occurrences but ginger progress in finances for positive actualizations. As a matter of fact, though these wishes/expectations are not happenstance affairs, there can be achieve through capacity building with proper counselling for effective empowerment skills.

## II. EMPOWERMENT SKILLS FOR CAPACITY BUILDING

Empowerment skills for capacity building is a must necessity for entrepreneurs as it can be seen as the fertilizer that can spore any type of entrepreneur business to not only development stage, but sustainable stage as well. Consequently, this can be done through Counselling perhaps because it is often say that, without counsel purposes are disappointed, but in the multitude of Counsellors they are established (Proverbs 15: 22) King James Vision.

In other words, it simple means that, for better profitable business development and sustainability, entrepreneurs' capacity must be built. This assertion concedes with assertion of as far back as 2000s, when Azikiwe asserted that, capacity building refers to planning for people to acquire knowledge and advanced skills that are critical to an individual empowerment. According to Azikiwe, through this capacity building, individual can be transformed for better empowerment that can lead to acceptable and admirable

conducts that can accelerate positive and profitable performance.

Capacity building cannot be overemphasized as lack of it can render a business useless and unprofitable, no matter its type (s), location(s) and the amount of money invested into it. The act of capacity building through counseling for whatsoever type of business or endeavor (tricycling business inclusive) is a foster for max attainment, better profitable conditions, less energy and financial constraint, various knowledge for necessary adjustment, control mental health, Physio-psychological changes due to situations and human growth and development (Effiong,2021). For Effiong, these capacity building enhances and produces excitement because of fulfillment.

The need for empowerment skills in tricycling business is imperative because this will go a long way to inculcate or awaken positive values thereby gingers holistic development. This is so because without proper foundation whatsoever is built or placed on such foundation is at risk. The importance of these skills empowerment arise from the fact that, it is through this empowerment process that both nature and nurture kinds of values can either be revisited or introduced into ones' lifestyle.

The necessity of values planting into human lifestyles cannot be overemphasized as far as all-round growth and development is concerned because according to Onah (2018), these phenomenon called values can be seen as the guiding principles of life which facilitate the all-round development of a person hence add meaning to life. In fact, the sacrosanctness of empowerment skills for tricyclists capacity building can not be overstated in Nigeria transportation business because lack of it has not only lead to deteriorations in the business but extend to often instigating /promoting of mayhems that produce widows, widowers, orphans and even physical challenge beings.

Irrespective of the fact that, values can come through nature and nurture, Denen (2020) asserted that deviation from desirable values can give rise to undesirable values that can slack the development of the society through dysfunctional tricycling business. counseling sessions as helping activities that assist in developing through mental health, psychological or human development principles through cognitive behavioral or systematic intervention strategies in order to equip and guide human's personal growth, occupational/professional development up to even pathological aspects for diverse facets of human for multiple functionings through various empowerment skills.

Denga (2022) in collaborating this summarized that, the initiation of counselling in any relationship is to ginger and promote to maximum the in-born and acquired traits for both better personal and society development productivity. As earlier stated, the necessities of counselling cannot be overemphasized because even Obot (2017) had earlier stressed that, for effective human success in development of any sort or type, there should be counselling for cognitive,

ffective, psychomotor, social, occupational, spiritual and environmental behaviors. With these and more others; counselling becomes pertinent for commercial motorcyclist (keke riders) as a cure for all their misfortunes, frustrations and stagnation. Hence this empowerment skill for capacity building for self- understanding that will expedite progress, growth and development to self-actualization.



Entrepreneurial Chart

*Why Empowerment Skills through Counselling for Capacity Building for Commercial Motorcyclists*

Since counselling is a helping phenomenon that assist individual or group of persons to acquire better understanding of situations for better positive choice or adjustment and since commercial motorcyclists are bound to experience frictions, conflicts and or disagreement over whatever in the cause of their business, counselling becomes imperative for life in their relationship, business growth and sustainability. Consequently, Counselling must be made taking into considerations their objectives, expectations, general lifestyle in terms of cognitive, affective, psych motive, social, occupational, spiritual and even unworld.

*Objectives of Capacity Building Empowerment Skills for Commercial Motorcyclists in Nigeria*

For the fact that counselling is a helping profession, some of the objectives of capacity building strategies for commercial motorcyclists are to assist them acquire douth for better human relationship that can enhance aptitude, accelerate progress through improved attitudes. This will awaken their self-consciousness to obeying law and order, apprise them with needed skills, sensitize them on the need and usefulness to protect live, familiarize them on what the environment (roads/road users) demand of them then make them employers of labor because they have been equipped with dexterity of creating wealth. In fact, the hallmark of objectives of capacity building strategies for commercial motortriyclists in Nigeria is

to accelerate the positive attainment of the roles and functions of Federal Road Safety Commission in Nigeria as stipulated by the Act.

### III. THE EXPECTATIONS OF MOTORTRICYLISTS

The expectations or that which is expected of a motortricyclists are numerous and can also be divided into two distinct groups which are intra and extra groups. The intra group consists of their having;

- Good and clear vision
- Good mental health
- Being prayerful
- Sound mind
- Being energetic
- Stable mind

Willingness to learn

Whereas the extra groups include;

- Being objective
- Plan well
- Having Proper time management
- Resist wasting of money
- Steady vehicle servicing
- Evaluated risk taking
- Embrace team work
- Set possible goals/target
- Appreciate persistence and
- Recording of reasonable and meaningful profits

#### *Spiritual Behavior*

Spirituality as far as commercial motortricycling is concerned is a must practice act. This spiritual behaviour becomes essential because of the diversified characters due to proliferation of road users in form of multi-organismic and multi-ethnic beings let alone the unseen. Based on these, the commercial motortricyclists' spiritual behaviors are expected to include but not limited to;

- Self-spiritual development
- Paying tithe
- Spiritual consciousness
- Spiritual growth and wealth
- Self-discipline
- Practicing of Christianity even on others
- Respect for others and self

#### *Occupational Behavior*

Occupational behaviors are necessary because as occupations suffer or experience plenteousness likewise their variety of occupation expectations distinctions. That is why motortricyclists occupational behaviors expectations differ from other motorist though the differential may be as thin as a strand of thread. On that strength, the motortricyclists (keke riders) supposed to acquire some essential characteristics like having being;

- Self-determined
- Self-controlled
- Enrolled in driving school
- Trained in riding skill
- Developed personality wise
- Graced with self-protection and supervision abilities.

#### *Cognitive Behaviour*

The level and manner of cognitive behaviour becomes very paramount as this behavior has to do with the mental state of a person where motortricyclists (keke riders) are not exempted. It is an open secret that, motoring, let alone the commercial ones like even keke riding calls for diligence and these are controlled by the standard and types of ones' cognitive state of being. Thus, cognitive attributes of a keke rider becomes impetus for positive economic attainment, hence the necessity for cognitive behaviours. Like other vocations/professions, the necessary cognitive behaviours expected of and from keke riders abilities are numerous but not limited to positive;

- Internal Locus of control
- Self ken
- Recollection activeness
- Negotiating skills
- Evaluative aptitudes
- Thinking capabilities
- Program aptness

#### *Psychomotor Behaviour*

Psychomotor which are according to Denga (2019), the functions of the muscles when it comes to performing of any kind of skill but under the control of the mind. It is a must have behavior by keke rider because keke riding involves psychomotor techniques else its economy attainment may be far-fetched. A keke rider who lacks positive psychomotor behavior may refuse to or be unable to manage his business environment (the roads) by manipulating a spoil keke off the road.

This act can cause a sort of setback to not only the owner of the spoil keke but to other road users as well through either frictions, quarrels and accidents. And of course, these seemed less- serious occurrences can lead or promote financial wastage and even taking of human life. The psychomotor behavior of a keke rider cannot be overemphasized because the entire keke riding business depends on the state of their psychomotor level. Nevertheless, overactive psychomotor keke riders are not acceptable as they may be prone to regular involvement in accident.

In summary, keke riders' psychomotor behaviour should include the two most important skills such as;

- Manipulating and
- Techno how of keke occupation

### Social Behaviour

Social behavior of a keke rider is a very important issue that should be of paramount interest to the public/ masses as that is what constitutes keke riders' emotional state of mind which in turn controls his aptitude, attitude, character and of course, these are their entire components that aid or aggravate connections between their persons, actions, reactions and environment (Effiong, 2021). The social behavior of keke riders cannot be overemphasized because any attempt to compromise or treat with a wave of hand the social or antisocial behavior of keke riders will mean fueling of chaos as its negative outcome shall command both vertical and horizontal undesirable effects.

Based on the undesirable connectives values/ levels of keke riders' social behavior towards human and material resources and in the quest to promote peace and discourage the spirit of conflicts, the keke riders should be counseled for the purpose of acceptable and positive social behavior on;

- Types of skills that can promote and sustain good and positive human relations.
- How to respect and react to constituted authorities.
- Side effect of negative interest groups on his person, welfare and achievement.
- Non provocative communication skills and manners.
- Communities' expectations.
- Leadership expectations, demands and responsibilities.
- Win-win and lose-lose methods of resolving conflicts and their numerous benefits.

### Affective Behaviour

The affective domain of human behavior discussions come last because it is commonly said by the wise that; "*the last is the best*". To add to these, it is a well-established fact that, whatever one does emanates from within him/her. Therefore, affective behavior becomes sacrosanct to the keke riders success since no good act can manifest except until it is internally conceived by the person concerned (Denga, 2019). For the purpose of positive successful and holistic business attainment, elevation and expansion, keke riders counseling becomes mandatory in order to acquire positive self-concept as well as positive self-esteem in terms of positive conduct in many diverse ways but not limited to;

- I can make it spirit
- Positive attitudes to transportation business
- Regard to fellow human beings.

#### IV. RECOMMENDATIONS

Since counselling is a process where people can be assisted by trained professionals called counsellors to acquire empowered skills for better understanding of his/ herself in order to attain and maximize his/ her potential versatility, we hereby recommend for successful accomplishment that;

- All sectors that connect with and pertain to human and non-human activities be it government or non-governmental organization should as a matter of necessity employ adequate trained guidance counselors. Such sectors include
- Ministries, Parastatals, Agencies, Commissions, Police force, Banks, Churches Unions and even Socio-cultural groups for proper and effective curative/ preventive individual/ group counseling of the staff/ members for better understanding of their expectations and demands.
- Nigeria Road Safety Commission should engage the service of trained guidance counsellor for interval counselling sessions for the road users especially the drivers and the riders.
- National Road Transport workers should from time to time at least, once a quarter engage the service of trained professional counselor/s for counselling services for drivers/ riders.
- National Road Transport workers should in like manners organize counselling for drivers/ riders' wives so as to enlighten them on how their nagging characters/ behaviours can cause road rage thereby misfortune not only to their husbands but to others including their entire household as well.
- Churches, unions and socio-cultural gatherings should from time to time organize group preventive counselling sessions on road usage.
- Trained professional counsellor engaged in police force should provide in case of friction/ conflicts between drivers (keke riders) and others, a counseling session that can promote peace and bury warlike situations.
- Banks should as a matter of necessity before releasing loans to their clients/ customers for purchase of keke engage service of a professional counselor for counseling sessions that will enrich the conduct of their clients positively.

#### V. CONCLUSION

Since counselling is a helping practice that assist one to be able to realize his/ herself, unlock his/ her potentials then functions to maximum, it is assumed and believed that, should all the above listed sectors engage the services of professional counsellors and all the above recommendations practiced, the benefits of a capacity building counselling strategies for commercial tricyclists (keke riders) shall not be overemphasized as many types of menaces ranging from death, orphans/ widows/ widowers, physical disabilities, financial losses, mid-life crises and even conflict caused by negligent shall be put to rest.

To add to these, commercial crisis that lead to chaos that instigate environmental/society turbulence can be eliminated or brought to minimal state thereby increase the level of peace in the society.



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