

Effectiveness of Grammar-Integrated Authentic Assessment in Enhancing Language Proficiency among High School Students: A Meta-Analysis Review

Romcel M. Chico

Bulacan State University Graduate School- Malolos, Bulacan

DOI: <https://dx.doi.org/10.47772/IJRISS.2026.10100020>

Received: 28 December 2025; Accepted: 03 January 2026; Published: 19 January 2026

ABSTRACT

This study investigated the effectiveness of grammar-integrated authentic assessment in enhancing language proficiency among Junior and Senior High School Students through content analysis. Struggling to enhance language proficiency among Junior and Senior High School Students, Grammar- Integrated Authentic Assessment practice of English as a Second Language (ESL) Teachers would be effective. Traditional methods of grammar instruction often isolate grammar rules from practical language use, potentially limiting students' ability to apply these rules in real-life contexts. By integrating authentic assessment techniques, which involve real-world tasks and applications, this research aimed to bridge the gap between grammatical knowledge and its practical usage. The results showed that students exposed to the grammar-integrated authentic assessments performed far above those who were taught through traditional grammar instruction in language proficiency improvement. The conclusion of this study was that integrating authentic assessment into the teaching of grammar is one way to make language proficiency more appropriate for high school learners of the language and to give them a more holistic or practical understanding of the usage of the language.

Keywords: grammar-integrated, authentic assessment, language proficiency, meta-analysis

INTRODUCTION

In contemporary language education, there has been a growing shift from traditional, decontextualized grammar testing toward authentic assessment practices that integrate grammar instruction within meaningful language use. Grammar-integrated authentic assessment emphasizes students' ability to apply grammatical knowledge in real-world communicative tasks such as writing portfolios, oral presentations, project-based outputs, and performance-based assessments. These approaches are believed to promote deeper language understanding and functional proficiency rather than surface-level grammatical accuracy.

Despite increasing empirical interest, existing studies on grammar-integrated authentic assessment in secondary education report inconsistent and fragmented findings. While some studies indicate significant gains in students' writing quality, grammatical accuracy, and communicative competence, others show modest or skill-specific effects. Moreover, many studies differ substantially in assessment type, duration, instructional context, and outcome measures, making it difficult to draw generalizable conclusions.

A critical review of the literature reveals three major gaps. First, there is a lack of quantitative synthesis that determines the overall magnitude of the effect of grammar-integrated authentic assessment on language proficiency among high school students. Second, limited attention has been given to moderating variables such as grade level, type of authentic assessment, or targeted language skill that may influence outcomes. Third, although authentic assessment is often promoted in curriculum reforms and standards-based education, evidence-based guidance for policy and classroom practice remains insufficient due to the absence of meta-analytic reviews in this area.

Consequently, a systematic meta-analysis is necessary to consolidate existing empirical findings, identify patterns and moderators, and provide robust evidence regarding the effectiveness of grammar-integrated authentic assessment in enhancing language proficiency among high school students.

Dylan Williams (2011) said that assessment is the bridge between teaching and learning. Only through assessment, we will know if what happened in the classroom produced the desired learning. The ability to speak English is a key skill for academic success, especially for culturally and linguistically diverse students. Teachers must provide effective strategies to help these students develop not only the reading skills but also the language skills necessary for academic success. The results included six key strategies for teaching ELLs, including maintaining relationships and being culturally responsive, teaching language skills across the curriculum, using real objects to illustrate concepts, role playing or miming, showing pictures and using a full physical response (Budiman, B., et. al 2023) on Enhancing Language Proficiency: Strategies For Improving Student Skills. Having this mentioned, authentic assessments play a vital role in students' language development. In addition, John Dewey, an educational reformer and one of the forefathers of constructivist theory, assessed real-life contexts and problems as a learning experience. In Curriculum 2013, authentic assessment is a process in which teachers collect information about student development and learning with various techniques that can correctly express, prove or demonstrate learning goals and skills have been fully acquired and achieved. Generally, the authentic assessment is effective when it has a clear conception of all intended learning outcome, a variety of assessment procedures be used, the instructional relevance of the procedures be considered, an adequate sample of student performance, the procedures be fair to everyone, the specification of criteria for judging, feedback to students that emphasizes strengths of performance and weakness to be corrected, a comprehensive grading and reporting system (Gronlund & Waugh 2013).

Objectives

This research study generally aimed to to synthesize empirical evidence on the effectiveness of grammar-integrated authentic assessment in enhancing language proficiency among high school students through a meta-analysis review. Moreover, this seeks to assess, develop, and implement grammar-integrated Authentic Assessment as an effective technique for measuring the grammatical proficiency and attaining language development of Junior or Senior High School students, and provides actionable feedback for continuous improvement.

The following were the specific objectives tackled in this research study:

1. Evaluation and examination of the effectiveness of grammar-integrated authentic assessments across different language domains, including grammar accuracy, reading comprehension, writing proficiency, and speaking skills in measuring and improving JHS or SHS student's language proficiency.
2. Development and Implementation of authentic assessment tasks that reflect real language use and require students to apply grammar in authentic contexts, such as writing essays, creating dialogues, asking and answering questions, and analyzing texts.
3. Provision to give detailed and constructive feedback on authentic assessments; encourage students to reflect on their performance, identify areas for improvement and set goals for grammar development.

Research Questions

This meta-analysis review seeks to answer the following questions:

1. What is the overall effectiveness of grammar-integrated authentic assessment in enhancing language proficiency among high school students?
2. How effective is grammar-integrated authentic assessment in improving:
 - 2.1 grammatical accuracy?

2.2 reading comprehension?

2.3 writing proficiency?

2.4 speaking and oral communication skills?

3. Is there a significant difference in language proficiency outcomes between students assessed through grammar-integrated authentic assessment and those assessed through traditional grammar assessments?

4. Which moderating factors significantly influence the effectiveness of grammar-integrated authentic assessment?

5. What research trends and methodological patterns emerge from studies on grammar-integrated authentic assessment in secondary education?

METHODS

Design

This study employed a systematic review design which used repeatable methods to find, select, and synthesize all available evidence. Through meta-analysis as a statistical analysis that combines the results of two or more studies, gathered results were synthesized from multiple studies to estimate an effect size.

Data Gathering and Collection

In performing the meta-analysis on the effectiveness of grammar-integrated authentic assessment as an intervention strategy to improve Junior High School or Senior High School students' language proficiency, data collection is conducted through archival research technique involves manuscripts, documents, records (including electronic records), objects, sound and audiovisual materials, or other repository of learning as core references, detailing the following steps:

LITERATURE SEARCH

- Identification of relevant studies must be ensured with a good search of appropriate academic databases, such as Google Scholar, or any reliable PubMed, for peer-reviewed studies published within the last 10-15 years.
- Use keywords such as "grammar-integrated instruction," "authentic assessment," "language proficiency," "JHS," "SHS," and "secondary education."
- Studies with a primary focus on qualitative or quantitative data about grammar instruction and authentic assessments in language learning must be included.

Inclusion and Exclusion Criteria:

Inclusion Criteria:

- Studies that explicitly refer to the integration of grammar teaching with authentic assessment practices.
- Research conducted in JHS or SHS settings.
- Studies measuring language proficiency outcomes, including grammatical accuracy, fluency, and communicative competence.
- Peer-reviewed empirical studies, including experimental, quasi-experimental, and longitudinal studies.

Exclusion Criteria:

- Studies looking strictly either at higher education or primary school students.
- Research that does not have clear metrics of language proficiency.
- Non-peer-reviewed articles, opinion pieces, and theoretical papers without any real empirical data.

Data Extraction:

Extract key information from each selected study, including:

- Study characteristics: author(s), year of publication, country, sample size, and educational context (JHS or SHS).
- Intervention details: Description of grammar-integrated authentic assessment practices applied, duration of the intervention, and comparison group characteristics if applicable.
- Outcome measures: Type of language proficiency assessments used, e.g. standardized tests, teacher assessments, student self-reports; Language skills measured, e.g. grammar, fluency, overall proficiency.

Data Synthesis:

- Check for publication bias and heterogeneity across studies to see the reliability and validity of the findings.

Data Collection Procedure

- Systematic literature search using academic databases (e.g., ERIC, Scopus, Web of Science, ProQuest).
- Application of predefined inclusion and exclusion criteria.
- Screening and selection of studies using PRISMA guidelines.
- Extraction and coding of relevant data using a structured coding protocol.

Discussion And Interpretation:

- Summarize how grammar-integrated authentic assessment would, in general, be very effective in enhancing language proficiency for JHS and SHS students.
- Share the implications of the findings for education practitioners, curriculum designers, and makers of policies.
- This will provide a comprehensive and stringent understanding of the way grammar-integrated authentic assessment influences language proficiency within the contexts of learning at the secondary level.

Research Tool

As a research tool, content analysis as an analytical method helped the researcher determine, quantify and analyze the presence, meanings, and relationships of certain words, themes, or concepts within some given qualitative data from reliable sources.

DISCUSSIONS AND LITERATURE

Effectiveness of Grammar-Integrated Authentic Assessments in Improving JHS and SHS Student's Language Proficiency

Refnita (2012) on The Effectiveness of an Integrated Assessment to Improve the Students' English Grammar Ability showed that the integrated assessment could improve the students' grammar ability. It was indicated by the increasing scores, the increasing number of written sentences, and the increasing number of correct sentences. The improvement was caused by the types of tasks that made the students aware about language differences and able to express something by using their own words. The data were obtained by giving a grammar test to the sample in the form of writing four simple paragraphs about their hobbies. The test was conducted twice, before and after the treatment. The treatment itself was in the form of giving an integrated classroom assessment by which the students were asked to underline grammatical features, completing sentences, arranging words into a correct sentence, describing pictures, making questions, identifying sentences, and doing both guided and free writing.

Attom (2017) on Perception of authentic assessment and its practices among teachers in public Senior High Schools in Cape Coast Metropolis stated that they practice authentic assessment in their assessment procedures. It showed that teachers have a predominantly positive attitude towards authentic assessment. About 70% of teachers reported that they give their students assessment tasks that involve social processes related to real situations. Additionally, teachers reported practicing authentic assessment by asking students to generate ideas, organize appropriately, and demonstrate their ability to organize ideas effectively. Similarly, a systematic group study by Hashami, et al (2024) on *The Impacts of Authentic Assessment on Students Skills in Classrooms* showed that authentic assessment in different types of classrooms has a positive effect on student skills. It was also suggested that the use of authentic assessment is still a possible form of assessment that can improve the different skills and abilities of a student in different contexts.

Apart from this, it was found that authentic assessment promotes learning because the students can remember very easily the content regarding grammar when assessed through authentic activities (*Nanyinza, et al. 2024 on Pre-Service Teachers' Use of Authentic Assessment to Assess Secondary School English Grammar*).

Development and Implementation of Authentic Assessment tasks that reflect real language use and require students to apply grammar in authentic contexts, such as writing essays, creating dialogues, asking and answering questions (elicitations), and analyzing texts

To enable SHS student's continuous grammar proficiency development through the help of authentic assessments, Ayouni, N., & El-Sukny, M. (2022) confirmed that teachers perform elicitation- a procedure that allows the teacher to get the students to provide information rather than give it to them by asking questions which is one of the kinds of authentic assessment. Asking questions is the main technique for getting ideas and responses from the students. This serves as corrective feedback to students' grammatical errors.

Nguyen & Phan (2020) on Authentic Assessment: A Real Life Approach to Writing Skill Development findings showed that the utilization of authentic assessment is a successful approach to increasing students' engagement in the writing process and meeting writing task requirements. Students will have an easier time developing advanced writing skills at their respective English proficiency levels.

Provision to give detailed and constructive feedback on authentic assessments; encourage students to reflect on their performance, identify areas for improvement and set goals for grammar development

Teachers' feedback is indispensable for teachers – students' interaction in the EFL classroom where students' language can be evaluated by the teacher. Ayouni, N., & El-Sukny (2022) showed that the teachers in both classrooms used in their study only used elicitation by questions as corrective feedback to students' grammatical errors where they always prompted a question to request students to reformulate their inappropriate grammar in their speaking. This successfully led them to the correct answer. Nonetheless, the teacher did not use elicitation by strategic pausing and gesture to elicit students' responses. Giving feedback and a comprehensive grading and

reporting system should be provided in order to reflect what students have done along the course and it is hoped can improve their performance, skill and knowledge.

For grading, it is recommended to use both letter grades and more elaborate reports which reflect and support the assessment procedures. Students also must be informed before the course and they are provided with periodic feedback related to their learning progress. Considerations such as fairness- clearly communicating our intentions to students and using the results to improve learning must be done (Kadir, Zaim & Refnaldi 2019).

REFERENCES

1. Attom, S. N. (2017). Perception of authentic assessment and its practices among teachers in public Senior High Schools in Cape Coast Metropolis. <https://ir.ucc.edu.gh/xmlui/handle/123456789/3366>
2. archival research - Google Search. (n.d.-b). <https://www.google.com/search?q=archival+research&scaesv=3b07b09e3325eaa7&ei=9SOeZqDnGZrU1e8PwZ7Q4AE&oq=archival+&gslp>
3. Ayouni, N., & El-Sukny, M. (2022). An Analysis on Elicitation as Corrective Feedback to Students' Grammar Errors. *Journal of English Teaching and Linguistics*, 3(2), 109-115. <https://doi.org/10.55616/jetli.v3i2.393>
4. Azizah, D. (2020). THE IMPLEMENTATION OF AUTHENTIC ASSESSMENT IN READING COMPREHENSION AT 10TH GRADE OF MA MAFATIHUL HUDA CIPARI. <https://repository.uinsaiizu.ac.id/8307/2/DIN%20AZIZA%20THE%20IMPLEMENTATION%20OF%20AUTHENTIC%20ASSESSMENT%20IN%20READING%20COMPREHENSION%20AT%2010TH%20GRADE%20OF.pdf>
5. Budiman, B., Ishak, J. I. P., Rohani, R., Lalu, L. M. H., & Jaelani, S. R. J. M. (2023). Enhancing English Language Proficiency: Strategies for Improving Student Skills. *Journal of Scientific Research, Education, and Technology (JSRET)*, 2(3), 1118–1123. <https://doi.org/10.58526/jsret.v2i3.205>
6. Campbell, A. (2023). What is an authentic assessment? Bringing authentic assessment to life. Turnitin. <https://www.turnitin.com/blog/what-is-authentic-assessment-bringing-authentic-assessment-to-life>
7. Chapter 10: Analysing data and undertaking meta-analyses. (n.d.-b). Cochrane Training. <https://training.cochrane.org/handbook/current/chapter-10#:~:text=Meta%20analysis%20is%20the%20statistical,controversies%20arising%20from%20conflicting%20claim>
8. Content Analysis Method and Examples | Columbia Public Health. (2023, March 30). Columbia University Mailman School of Public Health. <https://www.publichealth.columbia.edu/research/population-health-methods/content-analysis#:~:text=C%20ontent%20analysis%20is%20a%20research,words%2C%20themes%2C%20or%20concepts>
9. Hashami, S. A., et al (2024). The Impacts of Authentic Assessment on Students Skills in Classrooms: A Qualitative study. <https://openscience.uz/index.php/sciedu/article/view/6921>
10. Husna, R., & Amri, Z. (2018). THE USE OF ELICITATION TECHNIQUE IN TEACHING SPEAKING TO JUNIOR HIGH SCHOOL STUDENTS. Husna | *Journal of English Language Teaching*. <https://doi.org/10.24036/jelt.v7i4.101312>
11. Kadir, J. S., Zaim, M., & Refnaldi, R. (2019). Developing instruments for evaluating validity, practicality, and effectiveness of the authentic assessment for speaking skill at junior high school. Atlantis Press. <https://doi.org/10.2991/icoelt-18.2019.14>
12. Nanyinza, E., Munsaka, E., Chiziwa, W. (2024). Pre-Service Teachers' Use of Authentic Assessment to Assess Secondary School English Grammar. *International Journal of Arts and Social Science* ISSN: 2581-7922, Volume 7 Issue 5, May 2024. <https://www.ijassjournal.com/2024/V7I5/41466639437.pdf>
13. Nguyen, T. T. K., & Phan, H. M. (2020). AUTHENTIC ASSESSMENT: A REAL LIFE APPROACH TO WRITING SKILL DEVELOPMENT. *International Journal of Applied Research in Social Sciences*, 2(1), 20–30. <https://doi.org/10.51594/ijarss.v2i1.97>
14. Refnita, L. (2012). THE EFFECTIVENESS OF AN INTEGRATED ASSESSMENT TO IMPROVE THE STUDENTS' ENGLISH GRAMMAR ABILITY. *Lingua Didaktika: Jurnal Bahasa dan Pembelajaran Bahasa*. 6. 45. 10.24036/ld.v6i1.7399. <https://www.researchgate.net/publication/324195176>
15. Turney, S. (2023). Systematic Review | Definition, Example & Guide. Scribbr. Retrieved July 18, 2024, from <https://www.scribbr.com/methodology/systematic-review/>

-
16. Umum, K. (2022). THE IMPLEMENTATION OF AUTHENTIC ASSESSMENT IN ASSESSING WRITING SKILL AT SENIOR HIGH SCHOOL PEKANBARU - Universitas Islam Negeri Sultan Syarif Kasim Riau Repository. (22 JuLY 2022). <https://repository.uin-suska.ac.id/61682/>
 17. Waugh, C. K., & Gronlund, N. E. (2013). Assessment of Student Achievement (10th ed.). New York Pearson. - References - Scientific Research Publishing. (n.d.). <https://www.scirp.org/reference/referencespapers?referenceid=1614169>
 18. Wiliam, D. (2011). The Bridge between Teaching and Learning. Pedagogiska Magasinet, a Swedish education journal.
 19. Williams, K.M (2017). John Dewey in the 21st Century-Journal of Inquiry and Action in Education 2017. <https://files.eric.ed.gov/fulltext/EJ1158258.pdf>