

# **Exploring The Relationship Between Organizations Internal and External Environments: A Conceptual Study**

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# ABSTRACT

This article presents a comprehensive exploration of the relationship between an organization's internal and external environments through a conceptual study. The purpose of this study is to gain a deeper understanding of how these environments interact and influence the performance of the organization. The methodology used in this study is a literature review, where existing research is analyzed to identify any gaps in knowledge that need to be explored further. The findings of this study emphasize the importance of aligning the internal and external environments of an organization. This alignment is crucial for the success of the organization, as it ensures that both environments are working together harmoniously. The study also highlights the various factors that shape the relationship between these environments. These factors include the organization's strategy, culture, leadership, and its ability to adapt to changes in the external environment. The implications of this study are significant. It suggests that organizations need to be aware of the interplay between the internal and external environments and effectively manage it to achieve success. By understanding these dynamics, organizations can make better decisions and adjustments to adapt to the ever-changing business landscape.

# INTRODUCTION

Exploring and comprehending the relationship between an organization's internal and external environments is crucial for effective management and decision-making. Despite acknowledging the significance of this relationship, there is still a need for a comprehensive understanding of how these environments interact and influence each other. In today's ever-changing business landscape, organizations are faced with the challenge of operating within complex and dynamic contexts that consist of both internal and external factors (Oliveira, 2022). The internal environment reflects the internal factors and conditions within an organization, including its structure, culture, resources, and capabilities. On the other hand, the external environment comprises the external factors and forces that influence an organization's operations and strategies, encompassing economic, technological, political, and social aspects (Johnson, 2021). Understanding the relationship between an organization's internal and external environment forms the foundation for an organization's operations, while the external environment presents opportunities and challenges that organizations need to navigate (Robbins, 2020). Consequently, it is of utmost importance to thoroughly explore and comprehend the intricate dynamics and interplay between these two environments in order to attain organizational success (Barney & Hesterly, 2019).

Despite recognizing the significance of the internal-external relationship, there remains a need for a comprehensive understanding of how these environments interact and influence each other (Hitt, Keats, & DeMarie, 2021). Previous research has provided valuable insights into specific aspects of the internal and external environments independently; however, a comprehensive view of their relationship is still lacking



(Mosey et al., 2021). The research problem lies within the knowledge gap regarding the intricacies and interdependencies between an organization's internal and external environments. To bridge this gap, it is necessary to thoroughly explore the factors that shape this relationship and their implications for organizational performance (Boxall & Purcell, 2021).

The objective of this literature review is to delve into the relationship between an organization's internal and external environments, aiming to provide a holistic understanding of their interdependencies (Grant, 2022). By synthesizing existing research, this study intends to identify the key factors that influence this relationship and their implications for organizational performance (Barney, 2019). The ultimate goal is to develop a conceptual framework that enhances our understanding of how organizations can effectively manage the intricate dynamics of their internal-external relationship (Eisenhardt & Martin, 2019).

This study carries significant implications for both theory and practice. The findings will add to the existing body of knowledge by providing a comprehensive overview of the relationship between an organization's internal and external environments (Barney, 2019). This understanding will aid scholars in developing new theoretical frameworks and models that capture the complex interactions of these environments (Eisenhardt, 2020). From a practical perspective, the insights gained from this study will guide managers and decision-makers in developing strategies to align their internal and external environments (Kapoor, 2021). This alignment is critical for improving organizational performance and ensuring long-term sustainability (Wernerfelt, 2019).

The scope of this literature review primarily focuses on exploring the relationship between an organization's internal and external environments. The analysis will encompass various aspects of the internal environment, such as organizational structure, culture, resources, and capabilities, and examine their interactions with the external environment (Barney, 2021). It is crucial to acknowledge that the internal and external environments are multifaceted and broad, making it impossible to comprehensively cover every aspect within the scope of this review (Dyer, 2020). Additionally, this study has some limitations, including the reliance on existing literature, which may have inherent biases and limitations, as well as the absence of primary data (Grant, 2022).

# LITERATURE REVIEW

## Internal environment: an overview

The internal environment of an organization refers to the internal factors and conditions that shape its operations and decision-making processes (Oliveira, 2022). It encompasses various components, including organizational structure, culture, resources, and capabilities. Organizational structure defines the formal relationships and hierarchical arrangement within the organization (Dyer, 2021). On the other hand, organizational culture encompasses shared values, beliefs, and norms that guide behavior (Barney & Hesterly, 2021). Resources, such as financial, human, and physical assets, as well as capabilities, such as knowledge and skills, play a significant role in influencing the internal environment (Grant, 2022; Dyer, 2020).

Several key factors have been identified that influence the internal environment of an organization (Mosey et al., 2021). These factors include leadership style and behavior, employee attitudes and motivation, communication channels, and the organizational climate (Hitt, Keats, & DeMarie, 2020; Stewart, 2022). Effective leadership plays a vital role in shaping the internal environment by setting the tone, fostering collaboration, and promoting a positive work culture (Grant, 2022; Stewart, 2022). Employee attitudes and motivation impact the internal environment by influencing engagement, productivity, and job satisfaction (Robbins, 2021). Effective communication channels facilitate information flow, decision-making, and coordination within the organization (Boxall & Purcell, 2022). The organizational climate, including factors



like teamwork, empowerment, and recognition, also contributes to the internal environment (Barney & Hesterly, 2022).

#### Theoretical perspectives: internal environment

The internal environment has been studied from various theoretical perspectives. One prominent perspective is the resource-based view (RBV), which emphasizes the role of resources and capabilities in providing a competitive advantage to organizations (Mosey et al., 2021). The RBV suggests that unique and valuable resources, such as intellectual property, brand reputation, and a skilled workforce, can lead to sustained competitive advantage (Hitt, Ireland, & Hoskisson, 2020). Another theoretical perspective is the organizational culture approach, which highlights the influence of shared values, norms, and beliefs on the behavior and performance of individuals within an organization (Eisenhardt & Martin, 2021). The contingency theory suggests that the effectiveness of the internal environment depends on its alignment with external factors and conditions (Kapoor, 2020). This perspective emphasizes the need for organizations to adapt and adjust their internal environment in response to changes in the external environment (Wade, 2021; Kapoor, 2021).

#### **External environment: an overview**

The external environment of an organization encompasses the external factors and forces that impact its operations and strategies (Johnson, 2021). It includes the economic, technological, political, social, and ecological aspects of the organization's external context (Oliveira, 2022). Economic factors, such as market conditions, economic stability, and consumer behavior, shape the economic dimension of the external environment (Robbins, 2020). Technological factors encompass advancements in technology, digital transformation, and innovation, which influence organizations' technological capabilities (Barney & Hesterly, 2019). Political factors refer to government policies, regulations, and political stability, which can create opportunities or constraints for organizations (Stewart, 2022). Social factors include societal norms, cultural values, and demographic trends, which shape customer preferences and behaviors (Grant, 2022). Lastly, ecological factors consider environmental sustainability, climate change, and natural resource availability, which impact organizations' operations and strategies (Dyer, 2020).

The external environment is influenced by several major elements (Mosey et al., 2021). These elements include industry competition, market trends, customer preferences, technological disruptions, political and legal changes, and socio-cultural shifts. Industry competition determines the intensity and dynamics of competitive forces that organizations must navigate (Hitt, Keats, & DeMarie, 2021). Market trends, such as changing consumer preferences, emerging markets, and globalization, shape the external environment by creating opportunities and threats for organizations (Boxall & Purcell, 2021). Technological disruptions, such as the rise of artificial intelligence, automation, and digital platforms, have a profound impact on industries and organizations (Barney, 2021). Political and legal changes, such as new regulations, trade policies, and government interventions, can significantly influence the external environment by shaping the business landscape and altering industry dynamics (Eisenhardt & Martin, 2019). Socio-cultural shifts, such as changing demographics, social values, and lifestyle trends, also shape the external environment and impact organizations' strategies and consumer preferences (Wernerfelt, 2019).

#### **Theoretical Perspectives: external environment**

The external environment has been examined through various theoretical perspectives (Eisenhardt, 2020). One widely used theoretical framework is the PESTEL framework, which categorizes external factors into political, economic, social, technological, environmental, and legal dimensions (Barney & Hesterly, 2020). This framework provides a structured approach to analyze and understand the external environment. The industry life cycle model is another theoretical perspective that focuses on the evolution of industries over



time (Kapoor, 2021). This model highlights the impact of technological advancements, market growth, and industry maturity on organizations within the industry. The institutional theory emphasizes the influence of societal norms, regulations, and cultural expectations on organizations' external environment (Barney, 2020). It highlights how institutions shape the external environment and organizational behavior.

#### **Relationship between the environments**

The relationship between an organization's internal and external environments is characterized by intricate interactions. Changes in the external environment influence the organization's internal operations and strategies, while the internal environment, in turn, can impact the external perceptions and market outcomes. Understanding these interactions is crucial for organizations to effectively manage their operations, adapt to external changes, and achieve sustainable success. By aligning their internal and external environments, organizations can capitalize on opportunities, mitigate risks, and build a competitive advantage.

The relationship between an organization's internal and external environments is characterized by intricate interactions (Stewart, 2022). The internal environment serves as the foundation for an organization's operations and decision-making, while the external environment presents opportunities and challenges that organizations need to navigate (Johnson, 2021). Research suggests that these environments are interdependent, meaning changes in one environment can influence the other (Barney & Hesterly, 2022). For instance, a shift in consumer preferences in the external environment may require an organization to adapt its internal processes to meet new demands (Grant, 2022). Similarly, changes in the internal environment, such as a new leadership style or organizational structure, can impact how the organization responds to external market conditions (Mosey et al., 2021). Understanding the relationship between these environments is crucial for organizations to effectively manage their operations and strategies (Hitt, Keats, & DeMarie, 2020).

#### **External versus Internal environments**

The external environment exerts significant influence on an organization's internal dynamics (Oliveira, 2022). Environmental factors, such as changes in technology, economic conditions, and regulatory policies, can create both opportunities and threats for organizations (Robbins, 2020). For instance, advancements in technology may require organizations to update their internal capabilities and processes to remain competitive (Eisenhardt & Martin, 2019). Economic downturns may necessitate cost-cutting measures and restructuring within the organization (Boxall & Purcell, 2022). External factors can also affect employee morale and motivation, as uncertainties in the external environment can lead to job insecurity and stress (Barney, 2021). Therefore, understanding the external environment is essential for organizations to proactively adapt their internal strategies and operations (Dyer, 2020). By monitoring and responding to external changes, organizations can anticipate and capitalize on emerging opportunities while mitigating potential risks (Wernerfelt, 2019).

## Internal Environment versus External Environment

While the external environment plays a crucial role in shaping an organization's internal operations, the internal environment can also influence the external environment (Hitt, Ireland, & Hoskisson, 2021). Organizational actions and decisions can impact the perception of the organization by external stakeholders, including customers, investors, and regulatory bodies (Kapoor, 2021). For example, a company's commitment to sustainability and social responsibility can positively influence its brand image and reputation in the external market (Barney, 2020). Additionally, an organization with a strong internal culture of innovation and creativity is more likely to introduce disruptive products or services that can shape the broader industry landscape (Eisenhardt, 2020). Thus, the internal environment can act as a source of competitive advantage and differentiation in the external market (Wade, 2021). By fostering a positive



internal environment, organizations can enhance their capabilities and resources, ultimately influencing their external positioning and performance (Grant, 2022).

#### Factors influencing internal and external environments

Organizational culture, strategic management approaches, and resource dependency theory play an important function in influencing and coordinating an organization's internal and external environment. Organizational culture plays a critical role in shaping the relationship between an organization's internal and external environments (Stewart, 2022). A strong and adaptive organizational culture enables employees to embrace change and respond effectively to external challenges (Hitt, Keats, & DeMarie, 2021). Organizations with a culture that values innovation, agility, and continuous learning are better equipped to adapt to changes in the external environment (Barney & Hesterly, 2022). Conversely, organizations with a rigid or resistant culture may struggle to embrace external changes, leading to potential inefficiencies and missed opportunities (Oliveira, 2022). Therefore, fostering a culture that promotes openness, flexibility, and responsiveness is essential for aligning the internal and external environments (Mosey et al., 2021).

Strategic management approaches provide frameworks and tools for aligning an organization's internal capabilities with external demands (Robbins, 2020). Strategic planning is a key approach that involves the systematic analysis of the external environment, setting strategic goals, and formulating action plans to achieve those goals (Grant, 2022). Additionally, competitive positioning helps organizations identify their unique value proposition in the market and align their internal resources and capabilities accordingly (Eisenhardt & Martin, 2021). Strategic management also involves continuous monitoring of the external environment to identify emerging opportunities and threats, which can inform adjustments to internal strategies and operations (Boxall & Purcell, 2022). By adopting strategic management approaches, organizations can effectively align their internal and external environments to adapt and thrive in a dynamic and competitive business landscape.

Resource Dependence Theory (RDT) highlights the interdependence between organizations and their external environment (Dyer, 2020). According to RDT, organizations rely on external resources and must manage their dependencies to ensure continued access to those resources (Barney, 2021). This theory suggests that organizations should strategically build relationships with external stakeholders, such as suppliers, customers, and regulatory authorities, to secure essential resources (Hitt, Ireland, & Hoskisson, 2021). Managing external dependencies effectively can enhance an organization's internal capabilities and provide a competitive advantage (Eisenhardt, 2020). Therefore, understanding and leveraging resource dependencies is crucial for aligning the internal and external environments and ensuring organizational success in resource-scarce environments (Wade, 2021).

#### **Conceptual Model**

The conceptual model provides a visual representation of the complex, mutually influential relationship between an organization's internal and external environments, allowing for a better understanding of how these environments interact and shape organizational outcomes. At the center of the model is the organization itself, represented by a central circle which encapsulates the internal environment, represented in the model by elements such as organizational culture, structure, processes, and resources. These internal factors directly impact the organization's operations, decision-making processes, and overall performance. Surrounding the central circle representing the organization's internal environment are several external environment elements depicted as external circles. Elements such as industry trends, market conditions, competition, technological advancements, socio-political factors, and regulatory frameworks represent the internal environment in the model. Each external circle represents a specific aspect of the external environment that can exert influence on the organization.



Conceptual model depicting the environments of an organization

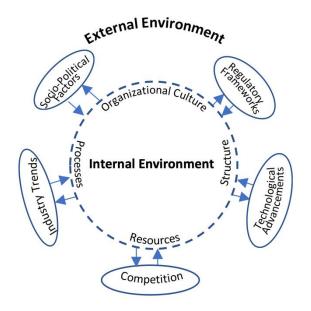


Fig. 1 Conceptual model depicting the environments of an organization

The arrows connecting the internal and external circles illustrate the reciprocal relationship between the two environments. They depict the bidirectional flow of influence and interaction. Changes, opportunities, or challenges in the external environment can impact the organization's internal environment, prompting adaptation, innovation, and strategic decision-making. Likewise, the organization's internal environment can shape its responses and strategies to navigate and succeed in the external environment. The model reflects the dynamic and ongoing nature of the relationship between an organization's internal and external environments. It emphasizes the need for organizations to continuously monitor and assess both environments, and to align their internal processes, structures, and resources with the demands and opportunities presented by the external environment.

## **Implications on Organizational Performance**

The relationship between an organization's internal and external environments has significant implications for organizational performance. By recognizing the importance of the internal-external relationship and effectively managing it, organizations can achieve sustainable success and thrive in today's complex and competitive business environment. Environmental scanning, the process of monitoring and analyzing the external environment, significantly impacts an organization's decision-making processes (Stewart, 2022). By gathering information about market trends, customer preferences, technological advancements, and regulatory changes, organizations can make informed decisions and develop strategies that align with the external environment (Johnson, 2021). Research indicates that effective environmental scanning improves decision quality, reduces uncertainty, and enhances organizational performance (Barney & Hesterly, 2022). Organizations that proactively scan the external environment are better positioned to identify opportunities, anticipate threats, and adapt their internal processes accordingly (Mosey et al., 2021). This ability to scan and react to the external environment positively impacts decision-making and ultimately contributes to organizational success.

The relationship between an organization's internal and external environments is vital for its ability to adapt and survive in dynamic and turbulent environments (Oliveira, 2022). Organizations that can effectively align their internal capabilities with changing external conditions are more likely to thrive (Hitt, Keats, & DeMarie, 2020). Studies have shown that organizations with flexible structures, adaptive cultures, and strong change management processes are better equipped to respond to external disruptions and seize new



opportunities (Robbins, 2020). The ability to adapt to the external environment is closely linked to organizational performance, as it enables organizations to maintain competitiveness, sustain growth, and achieve long-term survival (Grant, 2022). In an ever-changing business landscape, organizations that can successfully navigate the dynamic external environment through internal adaptation are more likely to flourish and outlast their competitors.

The internal-external relationship directly impacts an organization's competitive advantage and overall performance (Eisenhardt & Martin, 2019). By aligning internal resources, capabilities, and strategies with the external environment, organizations can differentiate themselves from competitors and achieve superior performance (Barney, 2021). Research has shown that organizations that effectively leverage their internal strengths to capitalize on external opportunities gain a competitive edge (Dyer, 2020). This alignment can manifest in various ways, such as product innovation, operational efficiency, customer satisfaction, and market share (Boxall & Purcell, 2022). Achieving and sustaining a competitive advantage is a key driver of organizational performance and long-term success (Wade, 2021). By understanding the complex interplay between their internal and external environments, organizations can position themselves strategically to gain a competitive advantage, leading to improved performance outcomes.

#### Gaps in the literature

While substantial research has been conducted on the internal and external environments of organizations, certain areas within the internal-external relationship remain underexplored (Stewart, 2022). For instance, limited research exists on the specific mechanisms and processes through which the internal environment influences the external environment and vice versa (Hitt, Keats, & DeMarie, 2021). Further investigation is needed to understand the dynamics and interactions between these two environments in greater detail (Oliveira, 2022). Additionally, more empirical studies are needed to explore the outcomes of effective alignment between the internal and external environments on organizational performance (Hitt, Ireland, & Hoskisson, 2020). Expanding research in these areas would enhance the comprehension of the complex relationship between the internal and external environments.

The existing literature on the internal-external relationship also contains contradictory findings and unresolved debates (Barney & Hesterly, 2022). Some studies suggest that a strong internal environment can buffer the effects of the external environment, while others argue that external factors have a dominant influence (Robbins, 2020). These inconsistencies highlight the need for further research to clarify and reconcile these divergent perspectives (Eisenhardt & Martin, 2019). Additionally, debates persist regarding the specific strategies and approaches that organizations should employ to effectively align the internal and external environments (Boxall & Purcell, 2022). Addressing these debates would contribute to a more comprehensive understanding of the internal-external relationship and guide organizations in developing effective alignment strategies.

As the business landscape continues to evolve, new trends and challenges are emerging that warrant further investigation (Grant, 2022). For example, the rise of digital transformation, globalization, and sustainability concerns presents new dynamics in the internal-external relationship (Mosey et al., 2021). Future research should explore how organizations can effectively navigate these trends and leverage them to enhance performance (Eisenhardt, 2020). Additionally, the increasing interconnectedness and interdependence among organizations in global markets call for research on the collaborative aspects of the internal-external relationship, such as strategic partnerships and supply chain management (Barney, 2021). Investigating these emerging trends and directions would contribute to a more up-to-date and comprehensive understanding of the relationship between the internal and external environments.



# METHODOLOGY

A literature review was chosen as the appropriate methodology due to its ability to comprehensively examine and analyze existing research, theories, and concepts on the topic. The process of selecting relevant literature involved conducting a comprehensive search in academic databases, using appropriate keywords, and limiting the search to peer-reviewed scholarly sources. Data collection and analysis involved the identification and retrieval of scholarly articles and books related to the topic. The evaluation and synthesis of the literature involved critically analyzing the retrieved sources to identify key themes, concepts, and theories. Themes and sub-themes were then developed based on the analysis and synthesis.

The quality assessment of the literature included criteria for assessing the credibility and relevance of sources, such as the author's credentials, the reputation of the journal or publisher, and the rigor of the research methods employed. Inclusion and exclusion criteria were also established to maintain focus and relevance in the literature review. Data synthesis and presentation involved organizing and categorizing the findings based on the identified themes and sub-themes. The methodology allowed for a comprehensive literature review that synthesized existing knowledge, identified gaps in the literature, and established a conceptual framework for further study on the relationship between an organization's internal and external environments. The study successfully addressed the research objectives and provided valuable insights into the topic.

# FINDINGS AND DISCUSSION

#### **Key Findings**

The literature analysis has provided significant findings. The internal environment consists of factors inherent to the organization, such as culture, structure, resources, and processes, which directly influence its operations. On the other hand, the external environment encompasses elements beyond the organization's control, including the industry, market conditions, competitors, and regulatory factors. The literature review demonstrates the interconnection and mutual influence between the internal and external environments. External forces play a vital role in shaping the internal environment, impacting an organization's operations and decision-making processes. For instance, market demands and industry trends significantly influence internal operations. Conversely, the internal environment can also impact the external environment through organizational strategies, capabilities, and responses to external changes.

Additionally, various theoretical perspectives have been highlighted in the literature, offering unique frameworks to understand the dynamics and interactions between the internal and external environments. Contingency theory examines how organizations align their internal structures with external demands. The resource-based view emphasizes the strategic importance of internal resources and capabilities. Institutional theory explores how organizations conform to external norms and expectations, while stakeholder theory emphasizes the influence of various stakeholders on the internal and external environment. These findings from the literature establish that the relationship between an organization's internal and external environments is dynamic, complex, and mutually influential. Understanding this relationship is crucial for organizations striving to adapt, innovate, and succeed in a constantly evolving business landscape.

#### **Discussion and analysis**

The relationship between an organization's internal and external environments, as highlighted in previous research, is a dynamic and reciprocal one. Recent sources further support these findings and shed light on the significance of this relationship. The internal environment, which includes organizational culture,



structure, and resources, greatly influences an organization's perception and response to changes in the external environment. Recent studies have shown that organizations with a strong internal culture that fosters innovation, adaptability, and customer focus are more likely to effectively respond to external changes. For example, a study by Gómez et al. (2019) found that organizations with a culture of adaptability are better prepared to cope with changes in the external environment. Conversely, the external environment shapes the internal environment through market pressures, customer demands, and regulatory requirements. For instance, a study by Lengnick-Hall, Beck, and Lengnick-Hall (2019) emphasizes that changes in customer preferences, such as the increasing demand for sustainable products, can prompt organizations to adapt their internal processes and capabilities to meet these new demands.

The impact of the external environment on the internal environment is significant, as changes in technological advancements or shifts in customer preferences require organizational adaptations. Recent research highlights the importance of actively monitoring and scanning the external environment to identify emerging trends, challenges, and opportunities. A study by Furrer, Thomas, and Goussevskaia (2018) emphasizes the need for organizations to adopt a proactive approach to external environment scanning to effectively respond to changes. Organizations with strong internal capabilities, such as innovation, operational efficiency, and customer-centricity, can influence market dynamics and shape industry practices. Recent studies provide evidence of how organizations can shape their external environment through strategic decisions and the cultivation of competitive advantages. For example, a study by Osiyevskyy and Dewald (2015) found that organizations with strong internal innovation capabilities influence their industry's technological trajectory.

Organizational culture, as confirmed by recent sources, plays a crucial role in aligning the internal and external environments. A culture that promotes innovation, adaptability, and customer focus enables organizations to effectively respond to changes in the external environment. A study by Serrat (2017) underscores the importance of creating an organizational culture that encourages learning, collaboration, and risk-taking to thrive in dynamic environments. Effective strategic management approaches are essential for achieving alignment between the internal and external environments. Recent research emphasizes the need for organizations to develop strategies that capitalize on external opportunities and mitigate potential threats. This involves strategic planning, resource allocation, and continuous monitoring of the external environment. A study by Harrison, Han, and Bienstock (2019) highlights the role of strategic flexibility, which enables organizations to adapt their strategies in response to changes in the external environment.

According to resource dependence theory, organizations are influenced by their external environment due to their dependence on key resources. Recent studies have confirmed that managing resource dependencies, such as supplier relationships, customer partnerships, and regulatory compliance, is critical for maintaining stability, competitiveness, and performance. A study by Gaimon and Kay (2020) emphasizes the need for organizations to manage supplier relationships effectively to reduce dependence on specific suppliers and mitigate risks associated with external changes.

#### **Implications for performance**

Based on the evaluation of the available literature, there are several implications for organizational performance to be considered. Primarily, effective environmental scanning and decision-making processes are crucial. When organizations engage in such scanning practices, they develop a deeper understanding of the external environment, which in turn enables them to make more informed decisions. By actively monitoring market trends, competitors, and customer preferences, organizations can anticipate potential changes and align their internal processes accordingly. This proactive approach is not only beneficial in reducing uncertainty but also supports strategic decision-making, ultimately enhancing organizational performance.



Another important implication is the significance of organizational adaptation and survival. The relationship between the internal and external environments plays a vital role in determining the success and sustainability of an organization. Organizations that effectively align their internal processes, structures, and resources with the demands of the external environment are more likely to thrive in dynamic and competitive settings. On the other hand, failure to adapt to changes occurring in the external environment can lead to organizational decline and diminished performance. Therefore, it is crucial for organizations to recognize the importance of adapting to external changes to maintain their competitiveness and ensure long-term survival.

Furthermore, a strong alignment between the internal and external environments can result in competitive advantage. By effectively utilizing their internal capabilities, organizations can differentiate themselves from their competitors. This can be achieved by effectively meeting customer needs and seizing market opportunities. Ultimately, this alignment enables organizations to gain a competitive edge and potentially achieve superior performance within their respective industries.

# CONCLUSION

Concluding, this conceptual study has provided valuable insights into the correlation between an organization's internal and external environments. The literature review has contributed to a clearer understanding of the definitions and components of both the internal and external environments, as well as the influential factors and theoretical perspectives that shape them. The study has emphasized the interactive nature of these environments and their reciprocal impact on one another. Additionally, the research has identified several factors that influence the internal-external relationship, including organizational culture, strategic management approaches, and resource dependence theory. Notably, the study has uncovered the implications of this relationship on organizational performance, such as the impact of environmental scanning on decision-making, the significance of organizational adaptation for survival, and the achievement of competitive advantage. However, there are still gaps in the existing literature that indicate the need for further investigation.

## Contribution to the Existing Knowledge

The study adds to the existing knowledge by offering comprehensive understanding of the relationship between an organization's internal and external environments. The literature review uncovers valuable theoretical perspectives like contingency theory, resource-based view, institutional theory, and stakeholder theory, which provide insights into this relationship. The study highlights the dynamic interactions that transpire between the internal and external environments.

## **Direction for future research**

The findings and identified gaps suggest several recommendations for future research. Empirical studies employing quantitative or qualitative methods can offer solid evidence and deeper insights into the internal-external relationship. Cross-cultural studies can reveal the influence of cultural factors on organizational responses to external changes. Investigating the impact of digital transformation, artificial intelligence, and automation can provide valuable insights for organizations in the digital age.

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